

A PROJECT REPORT ON

**A STUDY ON THE
TECHNOLOGICAL IMPACT ON
OFFICE ADMINISTRATION**



BY

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UNDER GUIDANCE OF

AFRA

DECLARATION

I, **FARSANA THESNI (OA 0171)**, hereby declare that the project report entitled “**A STUDY ON THE TECHNOLOGICAL IMPACT OF OFFICE ADMINISTRATION**” submitted to IQJITA innovative LLP for the award of **DIPLOMA IN OFFICE ADMINISTRATION**.

I also declare that the report contains no material which has been accepted for the award of any other degree or diploma of any university or institution and the best of knowledge and belief, it contains no material previously published by any other person except where due reference are made in the report.

Place: KOTTAKKAL

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Date:26/09/2025

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I'm grateful to my friends for their help and support, and to my family for their constant motivation. Finally, I thank Almighty God for His blessings that enabled me to complete this project.

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CHAPTER 1

INTRODUCTION

1.1 Introduction

This study will explore the multifaceted impact of technology on modern office administration, examining how it's changing workflows, employee roles, and the overall work environment.

Technology has fundamentally reshaped office administration, bringing both significant benefits and challenges. While advancements like automation, digital communication, and cloud-based systems have boosted productivity and efficiency, they also introduce concerns about job displacement, work-life balance, and the potential for over-reliance on technology.

Technology has revolutionized how administrative tasks are performed, leading to significant gains in efficiency and productivity. Automation of routine tasks like data entry, scheduling, and report generation allows administrative staff to focus on more strategic and value-added activities. Cloud-based systems and digital tools enable remote access to information and facilitate seamless collaboration, particularly in remote work settings. This has resulted in faster turnaround times, reduced errors, and improved overall workflow.

Modern technology offers a range of communication and collaboration tools, including email, instant messaging, video conferencing, and project management software. These tools facilitate real-time communication and collaboration among team members, regardless of their physical location. This has been particularly beneficial for remote teams and has fostered a more connected and collaborative work environment.

While technology offers numerous advantages, it also presents potential challenges. The constant connectivity afforded by digital devices can lead to increased stress and burnout, as employees feel pressured to be available at all times. The use of surveillance technology can also raise concerns about privacy and employee morale. Furthermore, the rapid pace of technological change requires continuous learning and adaptation, which can be challenging for some individuals and organizations.

In today's digital age, technology plays a vital role in office administration. From simple tasks like email management to complex tasks like data analysis, technology has made office administration easier, faster, and more accurate. With the help of technology, office administrators can now perform tasks more efficiently, freeing up time for more strategic and creative work.

By understanding the impact of technology on office administration, offices can optimize their operations, improve productivity, and reduce costs. This study will provide valuable insights for office administrators, managers, and organizations seeking to leverage technology to improve their administrative efficiency.

1.2 Statement of the Problem

- The direct impact of technology on traditional office administration practices.

- Changes in communication methods due to technological advancements.
- Transformation in data management and storage systems.
- Improvement or alteration in workflow efficiency.
- Evolving skill sets required for modern administrative roles.
- Challenges posed by technology, including: The need for continuous training and upskilling, Increased cybersecurity risks and Potential job displacement due to automation and digital tools.

1.3 Significance of the Study

This study is important for several reasons. It provides valuable insights for businesses to help them optimize their administrative processes, improve productivity, and stay competitive. For office administrators and professionals, it highlights the skills needed to adapt to a technology driven environment. Additionally, it contributes to academic literature by providing a detailed analysis of this transformative trend.

1.4 Objectives of the Study

- To examine the impact of technology on administrative efficiency.
- To identify the technological tools commonly used in office administration.
- To evaluate the benefits and challenges of using technology in administrative roles.
- To assess the level of technological adaptation among office staff.

1.5 Scope of the Study

The study will focus specifically on the impact of technology on office administration within such as a kottakkal area. The study was conducted with a Sample size of 20 respondents from kottakkal area. It will examine how technological tools affect key administrative functions, including communication, record-keeping, scheduling, and data analysis. The scope does not extend to the impact of technology on other business departments like marketing or human resources, except where they directly relate to administrative functions.

1.6 Research Methodology

The study will use a mixed-methods approach, combining both quantitative and qualitative research. This allows for a comprehensive understanding of the topic.

1.7 Area of Study

The study is conducted in kottakkal area. This area is chosen due to its diverse range of businesses.

1.8 Sample Size

The sample size is the count of the number of individual sample or observations in any statistical settings, such as scientific experiment or a public opinion survey, study was conducted with a sample size of 20 respondents from kottakkal area.

1.9 Source of Data

- a) Primary data;** questionnaire was used to collect primary data from respondents.
- b) Secondary Data;** Secondary data were collected from published sources like articles, internet etc...

1.10 Period of Study

The period covering for the completing of the study is 21 days

1.11 Tools for Data Collection

Here using a well structured questionnaire for collecting the required data for the analysis of data.

1.12 Limitations of the Study

- Sample size was restricted to the selected area.
- The study was carried out only among the peoples of kottakkal area.
- Time available for study is limited.
- Accuracy of study is purely based on the information given by the respondent.

CHAPTER 2

REVIEW OF LITERATURE

Review of literature

Technology has significantly transformed office administration, reshaping how tasks are performed, how communication flows, and how decisions are made. Numerous scholars have explored this evolution, offering insights into both the benefits and challenges that technological change brings to administrative environments. This essay reviews the contributions of ten influential writers whose works have enriched our understanding of technology's role in office administration. Their work helps us understand how administrative roles have adapted and will continue to evolve in an increasingly digital workplace.

JoAnne Yates, in *Control Through Communication* (1989), provides a historical perspective on how communication technologies—such as memos, filing systems, and typewriters—restructured corporate office work. Her work illustrates how these tools not only increased efficiency but also standardized administrative processes.

Joan Greenbaum offers a more critical view in *In the Name of Efficiency* (1979), arguing that office technologies often lead to the deskilling of workers, especially secretaries and clerical staff. She emphasizes the human cost of automation, shedding light on how efficiency can sometimes undermine job satisfaction and equity in the workplace.

M. Lynne Markus focuses on organizational dynamics in her study *Power, Politics, and MIS Implementation* (1983). She explores how technology can disrupt existing power structures and provoke resistance among employees. Her research highlights that successful implementation of administrative technology depends not just on functionality but also on managing internal politics and culture.

Richard L. Nolan's Stages-of-Growth Model outlines how organizations adopt and integrate information systems over time. His framework is useful for understanding how office technologies evolve from simple tools to complex systems that shape strategic decision-making and administrative planning.

Edwin E. Tozer provides a practical approach to technology in administration. His work on information systems planning bridges theory and application, offering guidance on how to align IT systems with business goals and administrative needs.

Alain Pinsonneault and **Suzanne Rivard**, in their research on the “productivity paradox,” explore how technology alters managerial roles and communication. Their findings suggest that while administrative tools may not always boost productivity immediately, they often reshape job functions and organizational workflows in the long run.

Badrunnesa Zaman and **Darshana Sedera** contribute to the conversation on sustainability by examining the role of Green IT in office environments. Their review shows how technology can be used to promote environmental responsibility while improving administrative efficiency.

Alicia Martín-Navarro and colleagues highlight the rise of Business Process Management Systems (BPMS) in automating administrative workflows. Their systematic review demonstrates how such systems enhance consistency, speed, and accuracy in office operations.

Priyadarshini R. Pennathur and co-authors explore how artificial intelligence is reshaping office work by automating routine tasks like scheduling and data entry. Their work suggests that AI is Not just a tool, but a transformative force in administrative support roles.

George Orwell’s *Nineteen Eighty-Four*, though a dystopian novel, explores the extreme outcome of surveillance technology in a totalitarian regime. The “telescreen” symbolizes a world where technology is used to monitor, control, and manipulate every aspect of life, including work. This concept is highly relevant to modern office administrative technology for employee monitoring, data collection, and performance management.

CHAPTER 3

THEORETICAL FRAMEWORK

Theoretical framework

3.1 Introduction

In the modern digital age, technology has become the backbone of all industries, and office administration is no exception. Office administration encompasses a wide range of tasks, including communication, data management, scheduling, record-keeping, and general organizational support. The integration of technology into these administrative functions has revolutionized the way offices operate. The technological transformation in office administration is not merely about using computers or digital tools; it is a complete shift in processes, efficiency, productivity, and communication. From the use of simple word processors to advanced enterprise resource planning (ERP) systems, technology has automated routine tasks, enabled remote work, enhanced collaboration, and improved decision-making processes.

3.2 Importance of Technology in Office Administration

- Increased Efficiency and Productivity

Technology automates repetitive and time-consuming tasks such as data entry, document management, and scheduling. This allows administrative professionals to focus on more strategic and decision-making activities.

- Improved Communication

Technological tools like email, instant messaging, video conferencing, and collaborative platforms (e.g., Microsoft Teams, Zoom, Slack) have improved both internal and external communication.

- Data Accuracy and Security

Advanced software ensures accurate data entry, reduces human error, and provides secure data storage and retrieval mechanisms, thus safeguarding sensitive organizational information.

- Remote and Hybrid Work

With cloud computing and mobile applications, administrative tasks can be performed from virtually anywhere, enabling flexible and remote work models.

- Cost Reduction

Automation and digital processes reduce the need for physical resources (e.g., paper, storage space), decrease labor costs, and enhance operational efficiency.

3.3 Needs for Technological Advancement in Office Administration

The need for technology in office administration arises due to evolving workplace demands, globalization, and the shift towards a knowledge-based economy. These include:

- Growing Complexity of Administrative Tasks

Modern businesses deal with large volumes of data and complex operations. Technology simplifies these tasks through efficient software solutions.

- Need for Speed and Real-Time Access

Administrators must often access and manage data in real time. Cloud systems and mobile apps fulfill this need effectively.

- Compliance and Regulatory Requirements

Many industries are subject to strict documentation, reporting, and auditing standards. Technology helps maintain proper compliance through accurate records and automated reporting systems.

- Employee Expectations

Today's workforce expects modern tools that enhance productivity, collaboration, and user-friendliness in administrative environments.

3.4 Features of Technological Tools in Office Administration

Technological tools used in office administration often share several key features:

- Automation

Tasks such as payroll processing, appointment scheduling, and document sorting can be automated, saving time and effort.

- Integration

Modern systems allow integration with other software (e.g., CRM, ERP, accounting systems), creating a unified administrative ecosystem.

- User-Friendly Interfaces

Software tools are designed with intuitive interfaces to ensure ease of use for administrators with varying levels of technical expertise.

- Customization

Administrative tools can often be customized to suit specific organizational needs and workflows.

- Data Analytics

Technology provides insightful reports and analytics that aid in decision-making, trend analysis, and strategic planning.

- Security

Features such as password protection, encryption, and access controls ensure data privacy and prevent unauthorized access.

3.5 Types of Technology in Office Administration

Several types of technological tools and systems are commonly used in office administration:

- Office Productivity Software

Includes Microsoft Office Suite (Word, Excel, PowerPoint), Google Workspace, and other word processing and spreadsheet tools.

- Communication Tools

Emails (Outlook, Gmail), VoIP (Skype), video conferencing (Zoom, Teams), and instant messaging platforms.

- Document Management Systems

Tools such as Dropbox, SharePoint, and Google Drive facilitate document storage, retrieval, sharing, and collaboration.

- Enterprise Resource Planning (ERP) Systems

ERP systems like SAP and Oracle integrate various business processes including HR, finance, and supply chain management.

- Customer Relationship Management (CRM) Systems

CRM tools like Salesforce help manage customer data, track interactions, and improve customer service.

- Time and Task Management Tools

Applications such as Trello, Asana, and Monday.com allow for task assignment, deadline tracking, and workflow management.

3.6 Parties Involved in Technological Integration in Office Administration

Several key stakeholders are involved in the adoption and implementation of technology in office administration:

- Management

Leaders and decision-makers are responsible for selecting and approving the technological tools that align with organizational goals.

- IT Department

IT professionals handle the installation, maintenance, cybersecurity, and training related to new technologies.

- Administrative Staff

These are the primary users of administrative technologies. Their feedback and adaptability determine the success of technological implementation.

- Vendors and Software Providers

External companies provide the necessary software, support, and updates required for the smooth functioning of technological tools.

- Clients and External Stakeholders

While not directly involved in administration, they benefit from improved communication, faster service delivery, and increased transparency due to technology.

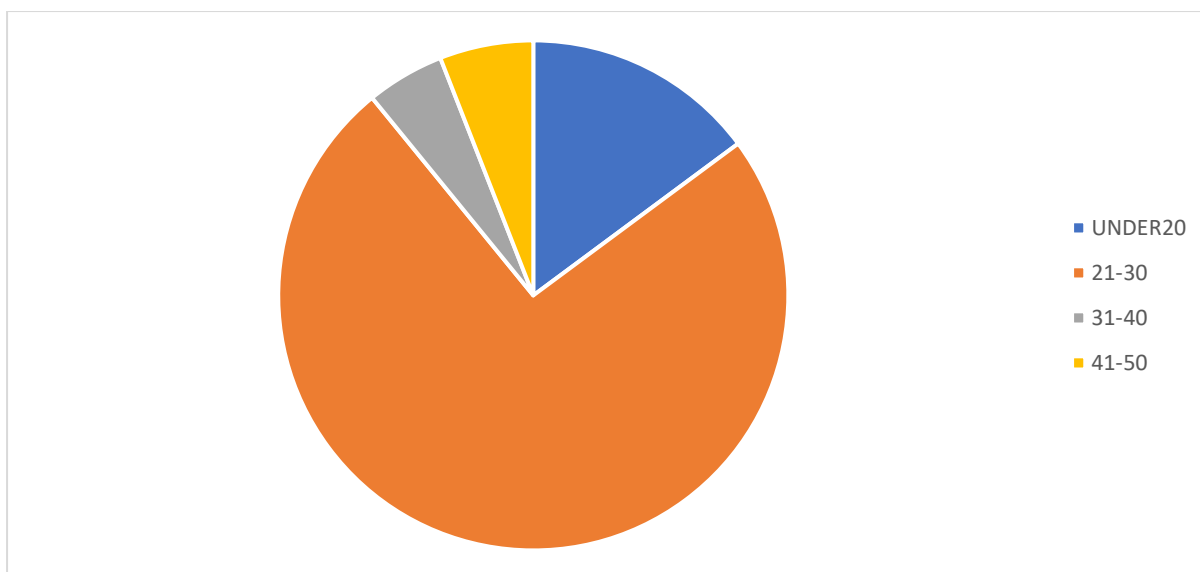
CHAPTER 4

DATA ANALYSIS AND INTERPRETATION

TABLE 4.1
AGE WISE CLASSIFICATION

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
Under20	3	15%
21-30	15	75%
31-40	1	5%
41-50	1	5%
TOTAL	20	100%

**CHART 4.1 AGE WISE CLASSIFICATION BASIS OF
RESPONDENTS**



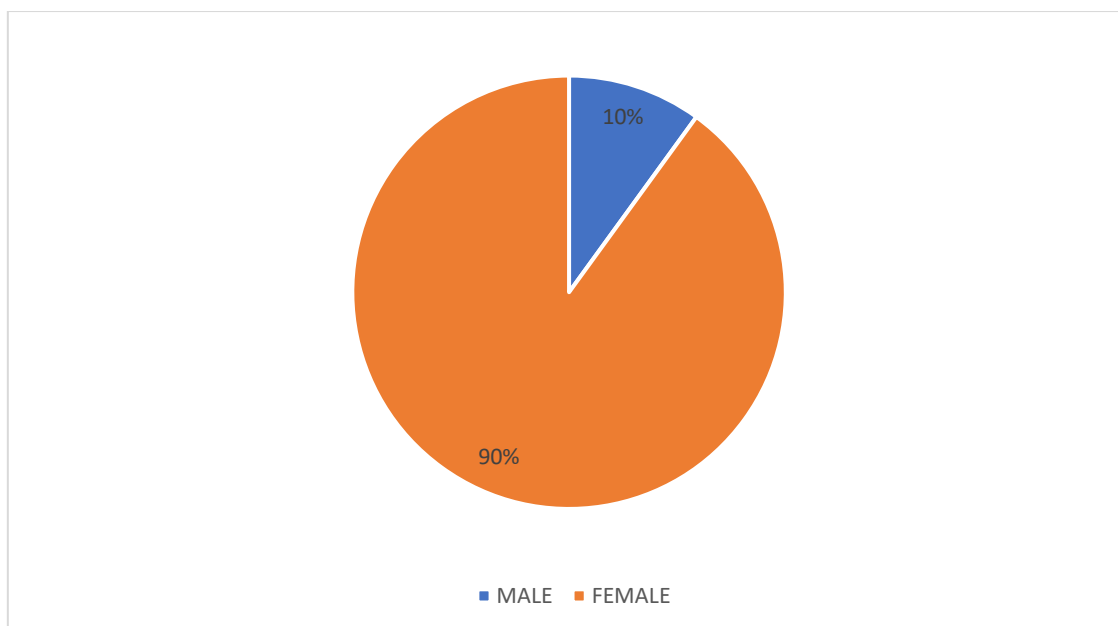
INTERPRETATION

From the table and figure shows, 15% Respondents are come under 20, 75% Respondents are between 21-30 and 5% Respondents are 31-40 and 5% Respondents are 41-50.

TABLE 4.2
GENDER BASED CLASSIFICATION OF RESPONDENTS

OPTIONS	NO OF RESPONDENTS	PERSENTAGE
MALE	2	10%
FEMALE	18	90%
TOTAL	20	100%

**CHART 4.2 GENDER BASED CLASSIFICATION OF
RESPONDENTS**



INTERPRETATION

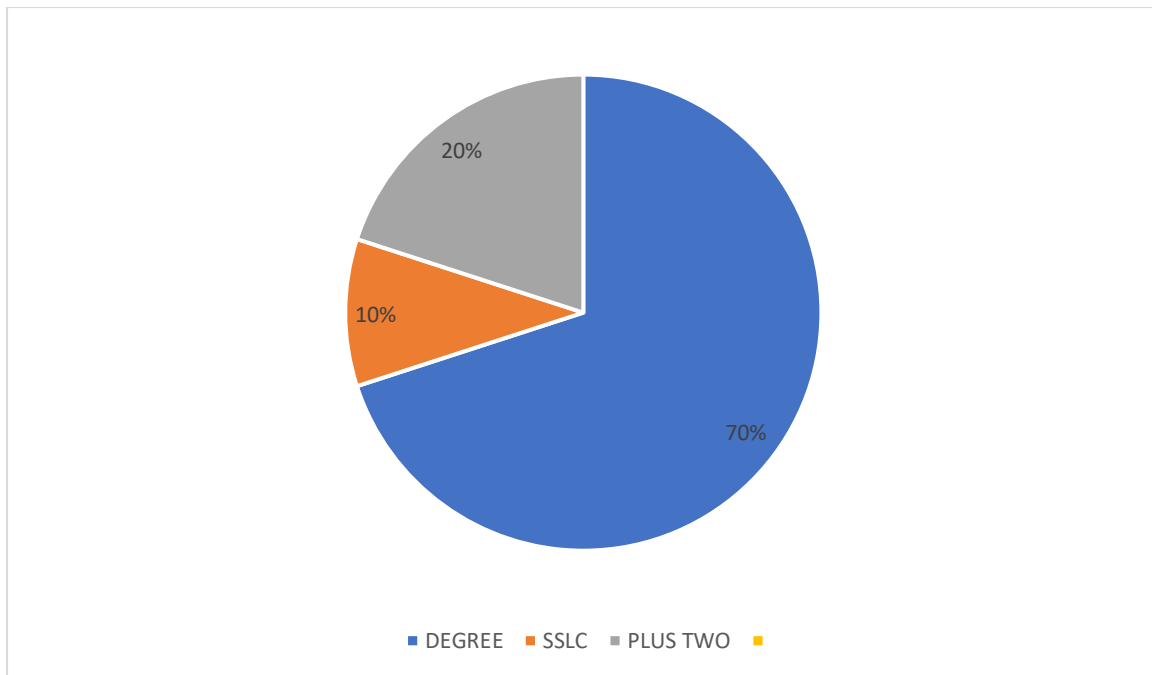
From the table and figure shows, 10% Respondents are male and 90% Respondents are female.

TABLE 4.3

EDUCATION CLASSIFICATION BASED OF RESPONDENTS

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
DEGREE	14	70%
SSLC	2	10%
PLUS TWO	4	20%
TOTAL	20	100%

CHART 4.3 EDUCATION CLASSIFICATION BASED ON RESPONDENTS



INTERPRETATION

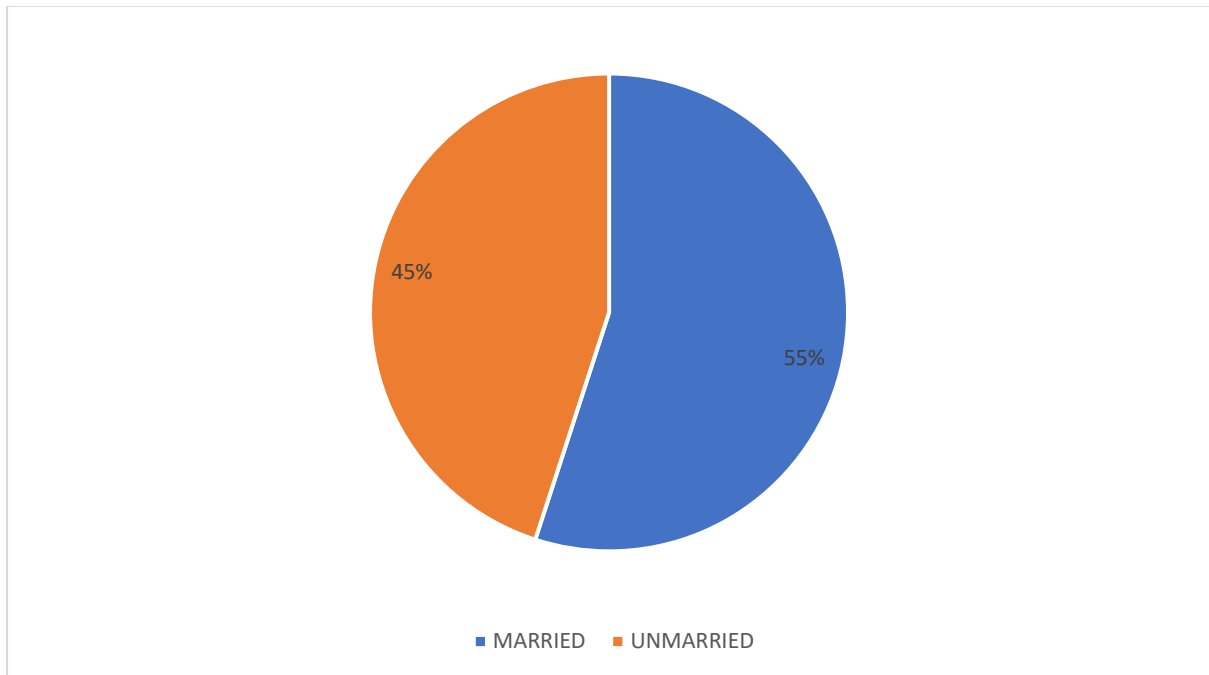
From the table and figure shows, 70% Respondents are Degree and 10% Respondents are Sslc and 20% Respondents are plus two.

TABLE 4.4

CLASSIFICATION BASED OF MARITAL STATUS

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
MARRIED	11	55%
UNMARRIED	9	45%
TOTAL	20	100%

CHART 4.4 MARITAL STATUS OF THE RESPONDENTS



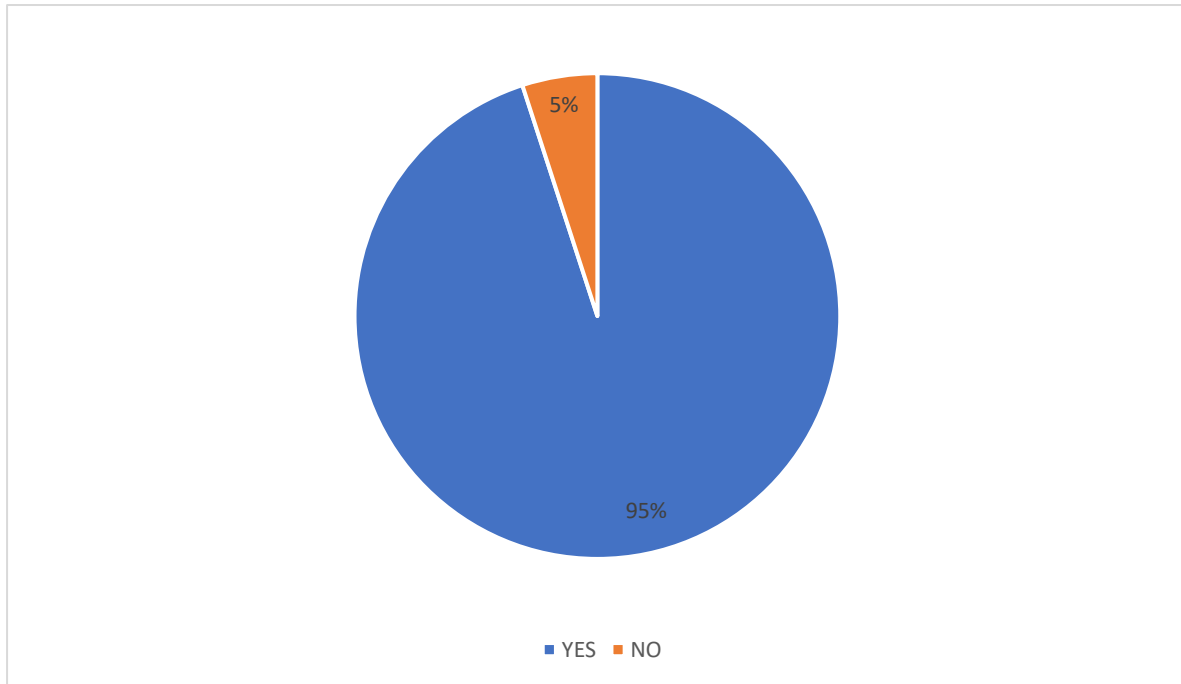
INTERPRETATION

From the table and figure shows, 55% Respondents are married and 45% Respondents are un married.

TABLE 4.5
TECHNOLOGY USED IN DAILY OFFICE TASK

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
YES	19	95%
NO	1	5%
TOTAL	20	100%

CHART 4.5 TECHNOLOGY USED IN DAILY OFFICE TASK



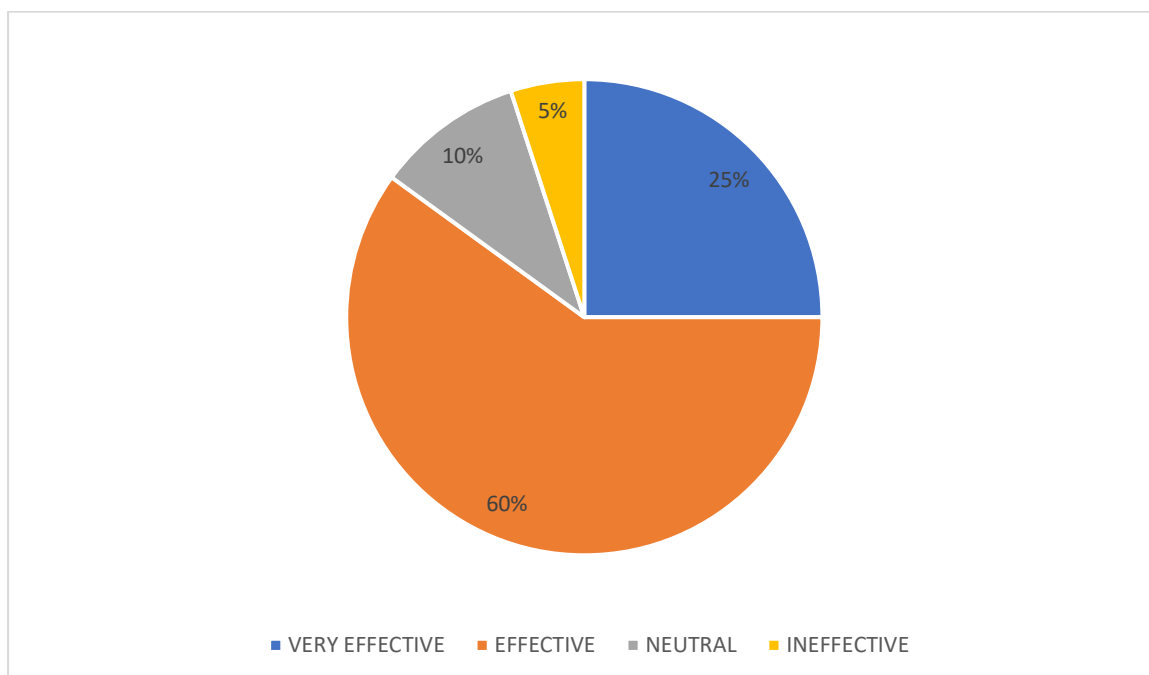
INTERPRETATION

From the table and figure shows, 95% Respondents are Yes and 5% Respondents are No.

TABLE 4.6
RATING YOUR OFFICE TECHNOLOGY USE

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
Very Effective	5	25%
Effective	12	60%
Neutral	2	10%
Ineffective	1	5%
Total	20	100%

CHART 4.6 RATING YOUR OFFICE TECHNOLOGY USE



INTERPRETATION

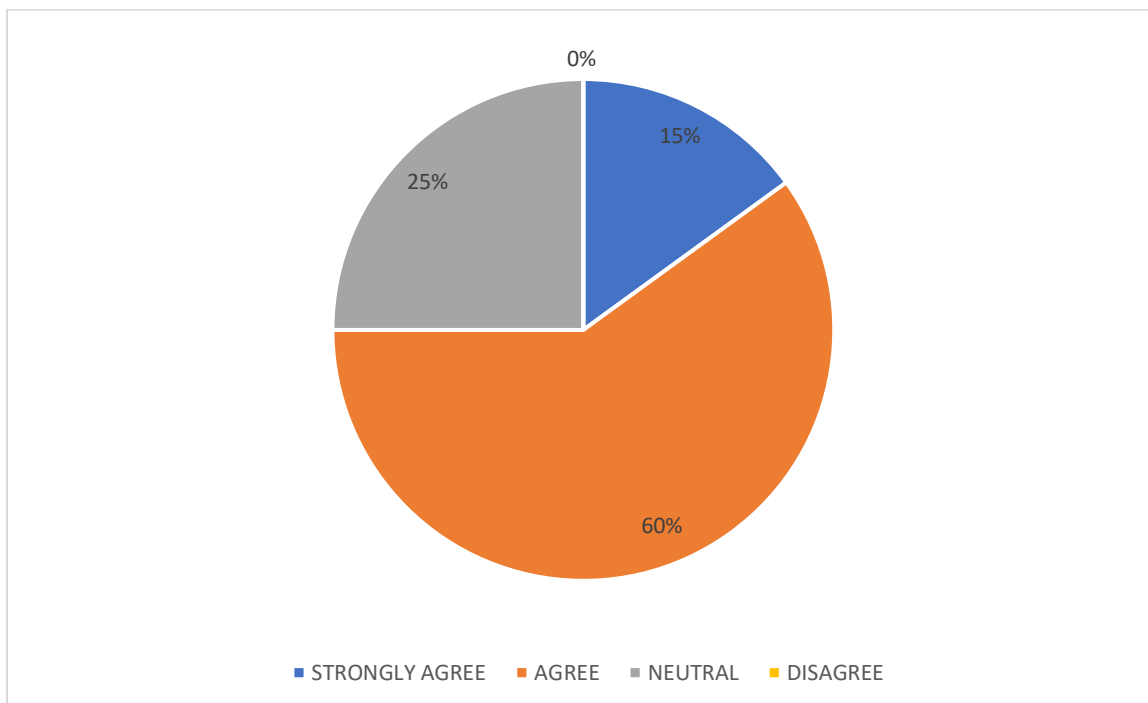
From the table and figure shows, 25% Respondents are very effective and 60% Respondents are effective and 10% Respondents are neutral and 5% Respondents are ineffective.

TABLE 4.7 TECHNOLOGY MAKES TASKS EASIER

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
STRONGLY AGREE	3	15%
AGREE	12	60%
NEUTRAL	5	25%
DISAGREE	0	0%

TOTAL	20	100%
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CHART 4.7 TECHNOLOGY MAKES TASKS EASIER



INTERPRETATION

From the table and figure shows, 15% Respondents are strongly agree and 60% Respondents are agree and 25% Respondents are neutral.

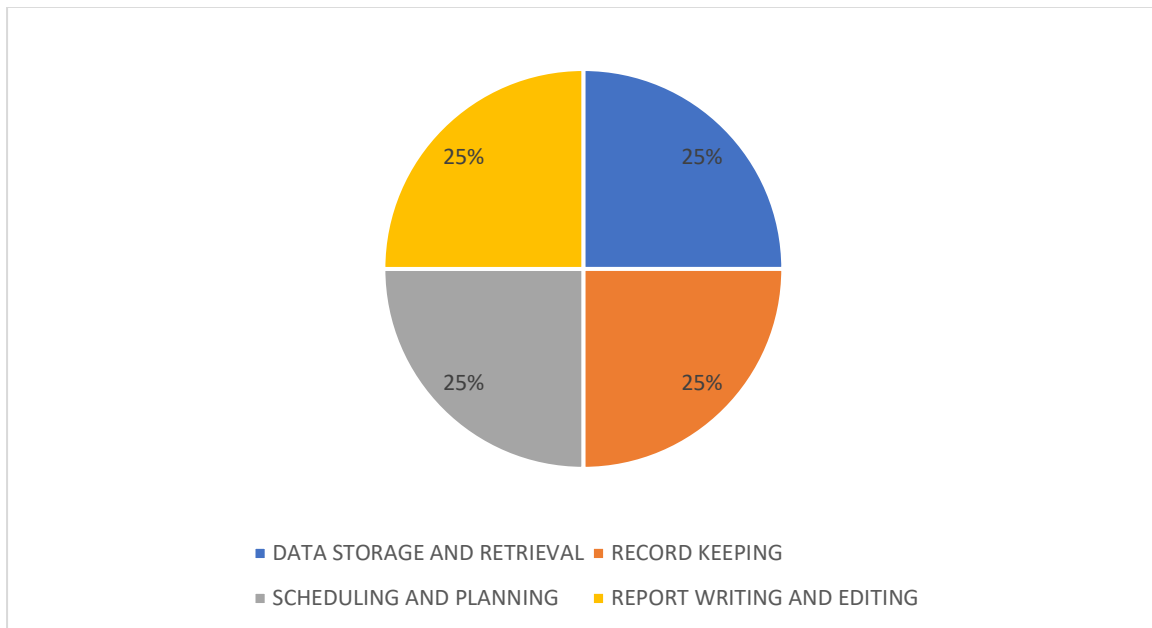
TABLE 4.8

ADMINISTRATIVE AREAS IMPROVED BY TECHNOLOGY

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
DATA STORAGE AND RETRIEVAL	5	25%
RECORD KEEPING	5	25%
SCHEDULING AND PLANNING	5	25%

REPORT WRITING AND EDITING	5	25%
TOTAL	20	100%

CHART 4.8 ADMINISTRATIVE AREAS IMPROVED BY TECHNOLOGY



INTERPRETATION

From the table and figure shows, 25% Respondents are data storage and retrieval and 25% Respondents are record keeping and 25% Respondents are scheduling and planning and 25% Respondents are report writing and editing.

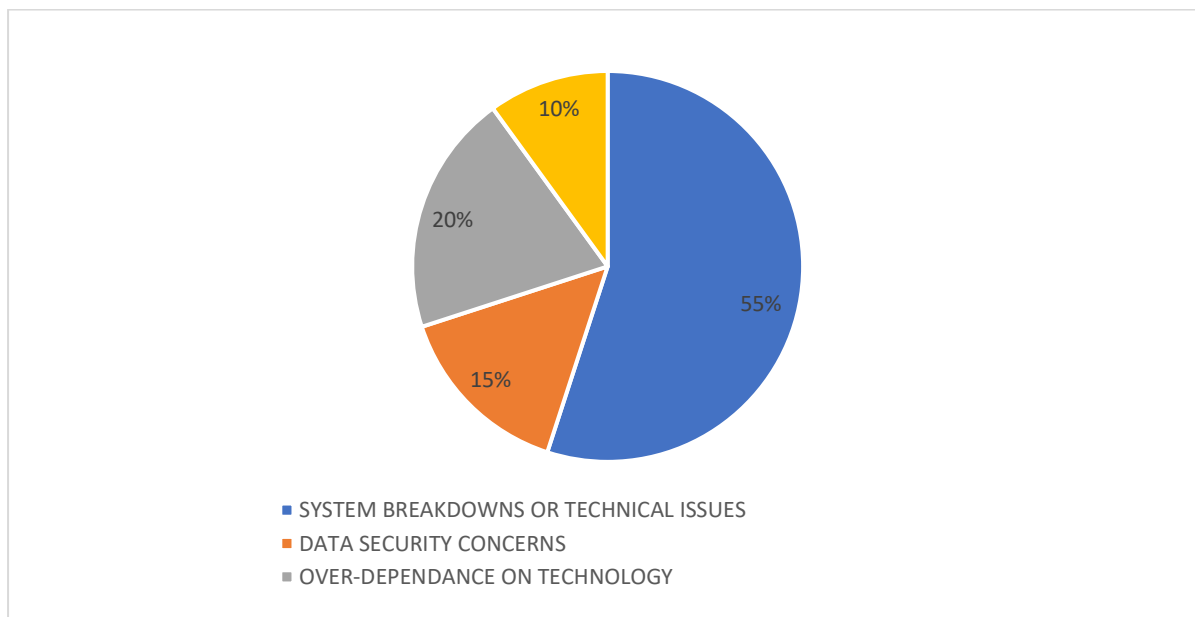
TABLE 4.9

CHALLENGES OF TECHNOLOGY IN OFFICE WORK

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
SYSTEM BREAKDOWNS OR TECHNICAL ISSUES	11	55%
DATA SECURITY CONCERNS	3	15%

OVER-DEPENDENCE ON TECHNOLOGY	4	20%
LACK OF TRAINING	2	10%
TOTAL	20	100%

CHART 4.9 CHALLENGES OF TECHNOLOGY IN OFFICE WORK



INTERPRETATION

From the table and figure shows, 55% Respondents are system breakdowns or technical issues and 15% Respondents are data security concerns and 20% Respondents are over dependence on technology and 10% Respondents are lack of training.

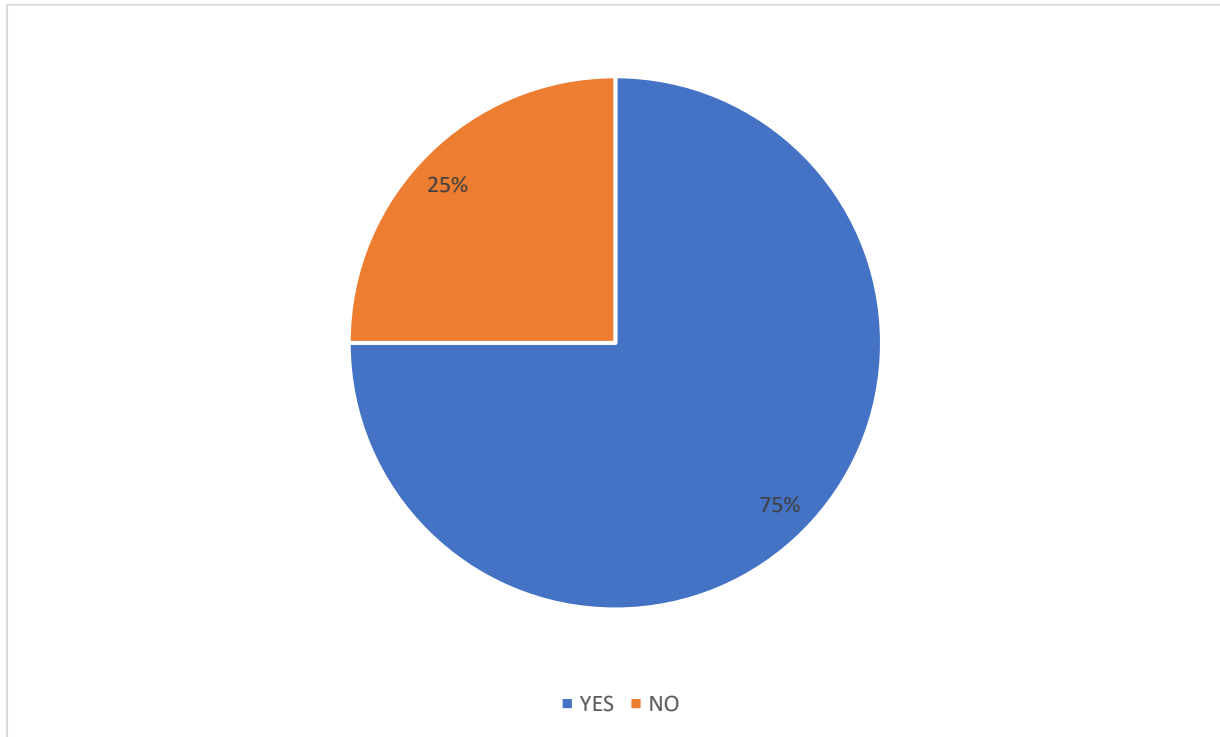
TABLE 4.10

TECHNOLOGY REPLACED ADMINISTRATIVE JOBS

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
YES	15	75%

NO	5	25%
TOTAL	20	100%

CHART 4.10 TECHNOLOGY REPLACED ADMINISTRATIVE JOBS



INTERPRETATION

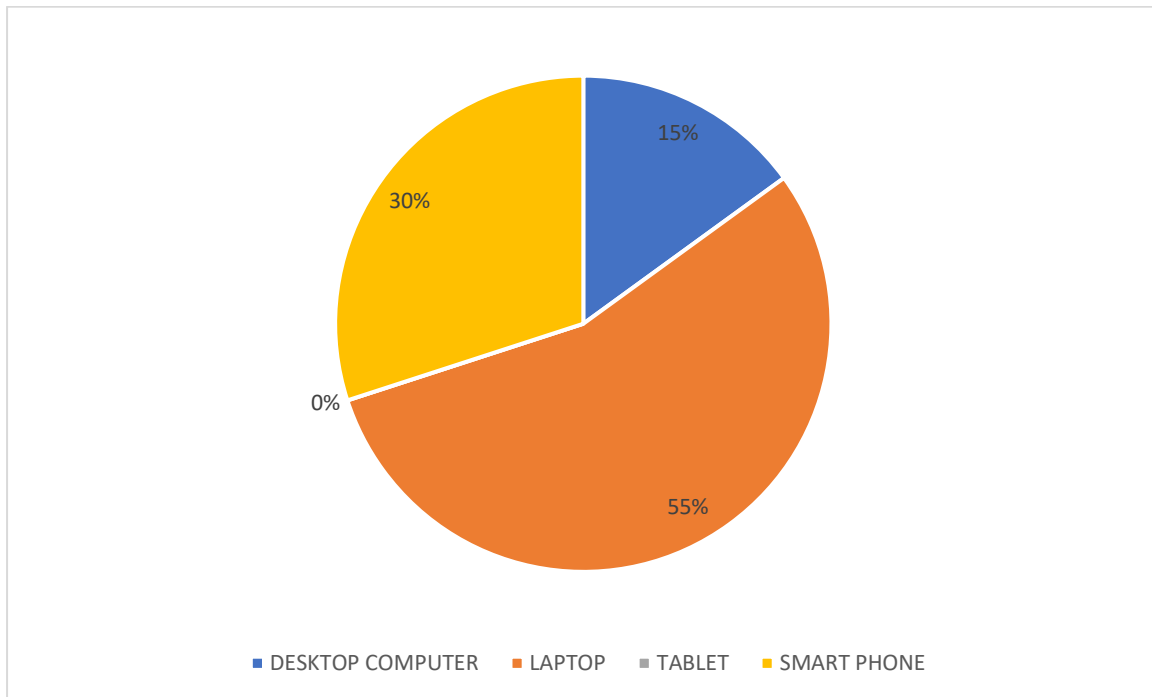
From the table and figure shows, 75% Respondents are yes and 25% Respondents are n

**TABLE 4.11
PRIMARY WORK DEVICE**

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
DESKTOP COMPUTER	3	15%

LAPTOP	11	55%
TABLET	0	0%
SMARTPHONE	6	30%
TOTAL	20	100%

CHART 4.11 PRIMARY WORK DEVICE



INTERPRETATION

From the table and figure shows, 15% Respondents are desktop computer and 55% Respondents are laptop and 30% Respondents are smartphone.

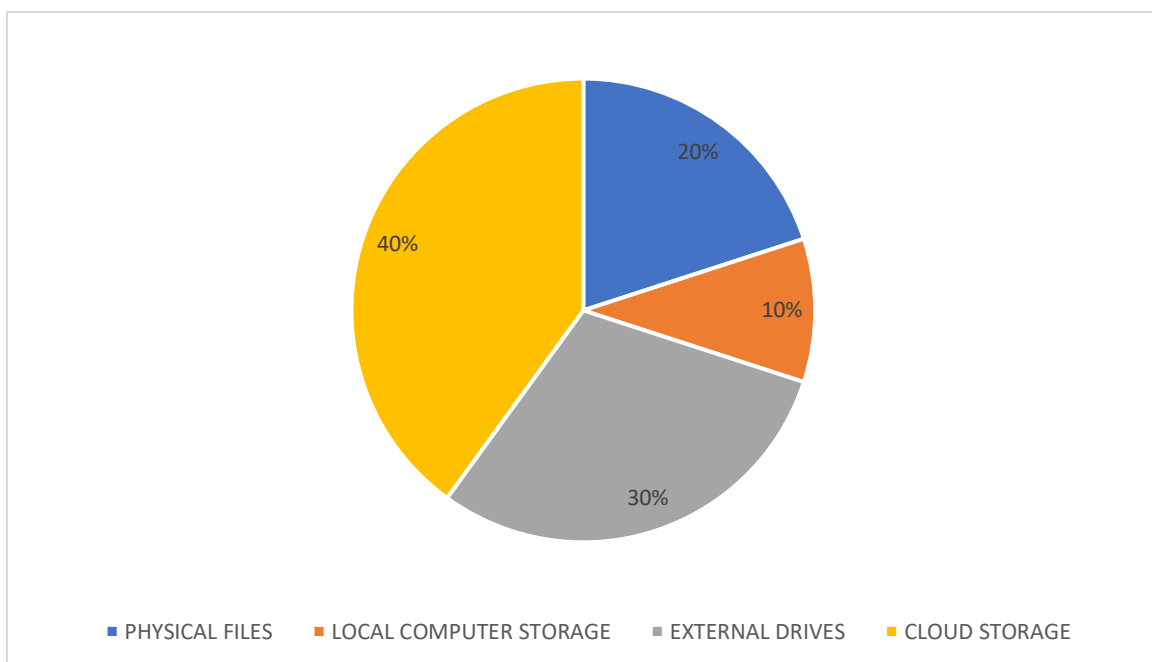
TABLE 4.12

STORE MOST OF OFFICE DOCUMENTS

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
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PHYSICAL FILES	4	20%
LOCAL COMPUTER STORAGE	2	10%
EXTERNAL DRIVES	6	30%
CLOUD STORAGE	8	40%
TOTAL	20	100%

CHART 4.12 STORE MOST OF OFFICE DOCUMENTS



INTERPRETATION

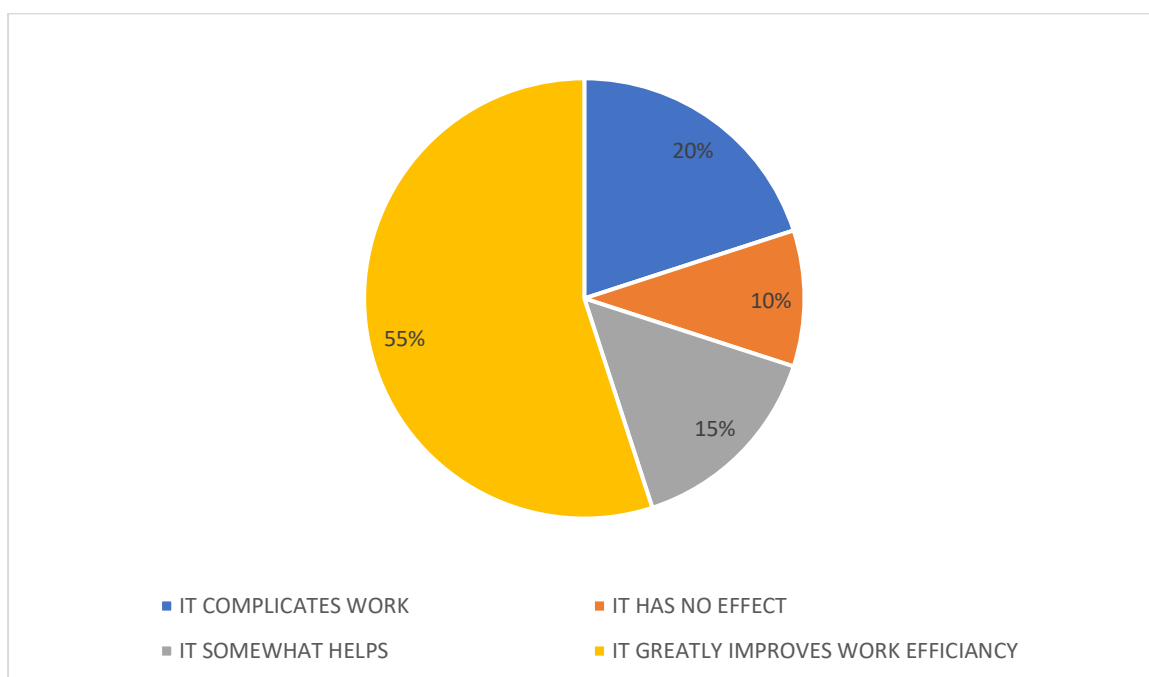
From the table and figure shows, 20% Respondents are physical files and 10% Respondents are local computer storage and 30% Respondents are external drives and 40% respondents are cloud storage.

TABLE 4.13

OPINION ON TECHNOLOGY IN OFFICE ADMINISTRATION

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
IT COMPLICATES WORK	4	20%
IT HAS NO EFFECT	2	10%
IT SOMEWHAT HELPS	3	15%
IT GREATLY IMPROVES WORK EFFICIENCY	11	55%
TOTAL	20	100%

CHART 4.13 OPINION ON TECHNOLOGY IN OFFICE ADMINISTRATION



INTERPRETATION

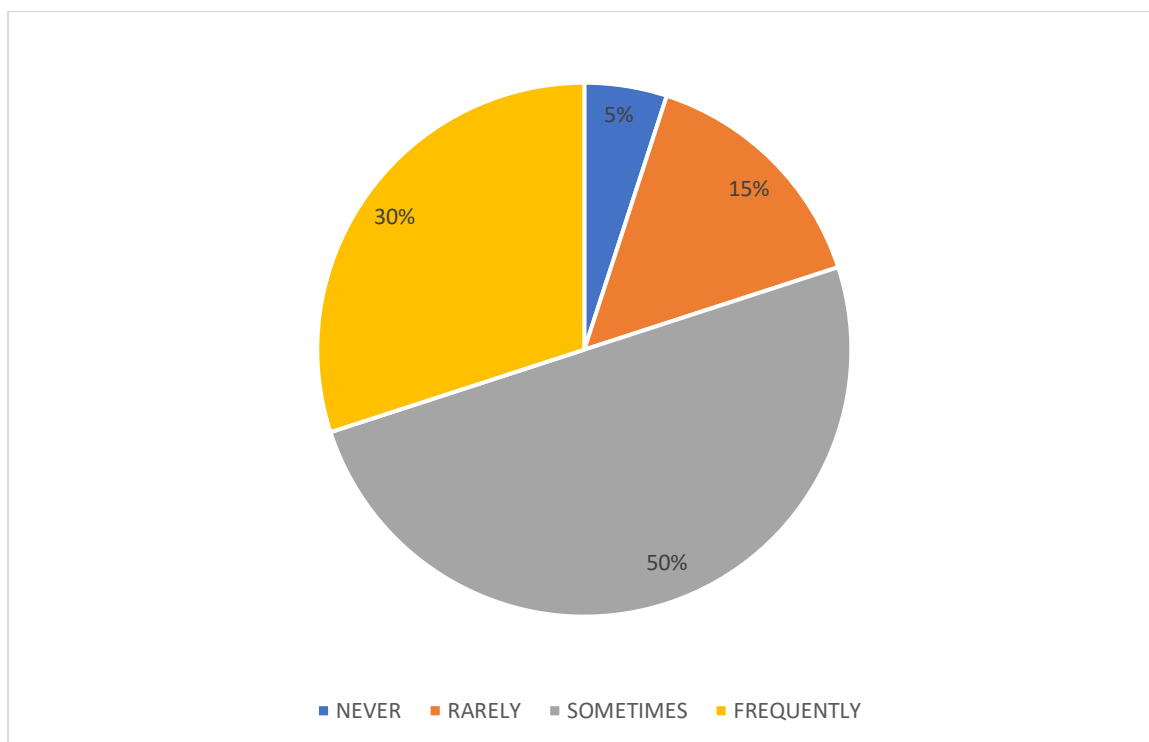
From the table and figure shows, 20% Respondents are complicates work and 10% Respondents are it has no effect 15% Respondents are it somewhat helps and 55% Respondents are it greatly improves work efficiency.

TABLE 4.14

USING DIGITAL TOOLS IN OFFICE TASKS

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
NEVER	1	5%
RARELY	3	15%
SOMETIMES	10	50%
FREQUENTLY	6	30%
TOTAL	20	100%

CHART 4.14 USING DIGITAL TOOLS IN OFFICE TASKS



INTERPRETATION

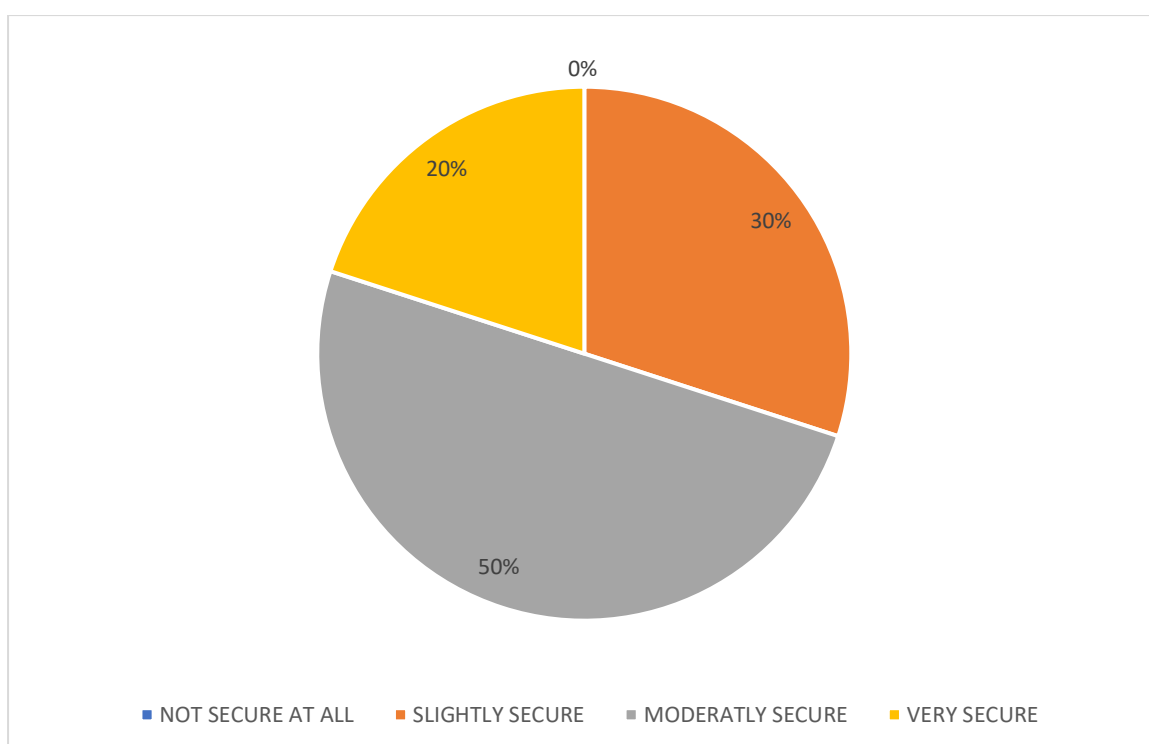
From the table and figure shows, 5% Respondents are never and 15% Respondents are rarely and 50% Respondents are sometimes and 30% Respondents are frequently.

TABLE 4.15

SECURITY OF DIGITAL OFFICE DATA

OPTIONS	NO OF RESPONDENTS	PERCENTAGE
NOT SECURE AT ALL	0	0%
SLIGHTLY SECURE	6	30%
MODERATELY SECURE	10	50%
VERY SECURE	4	20%
TOTAL	20	100%

CHART 4.15 SECURITY OF DIGITAL OFFICE DATA



INTERPRETATION

From the table and figure shows, 30% Respondents are slightly secure and 50% Respondents are moderately secure and 20% Respondents are very secure.

CHAPTER 5
FINDINGS, SUGGESTIONS, CONCLUSION, AND
QUESTIONNAIRE

FINDINGS

- Majority of respondents (75%) belong to the age group 21–30.
- Most respondents (90%) are female.
- Educational qualification shows 70% are degree holders.
- More than half (55%) of respondents married.
- A large majority (95%) answered “Yes” to the related question.
- Regarding effectiveness, 60% find it effective, while 25% find it very effective.
- Most respondents (60%) agree, while 15% strongly agree and 25% remain neutral.
- Equal importance is given to data storage, record keeping, scheduling, and report writing (25% each).
- The main challenge is system breakdowns or technical issues (55%), followed by overdependence on technology (20%).
- 75% of respondents gave a “Yes” response, while 25% said “No.”
- Laptops (55%) are the most used devices, followed by smartphones (30%).
- Cloud storage (40%) is the most common method of storing documents.
- Over half (55%) said technology greatly improves work efficiency.
- Half of the respondents (50%) use it sometimes, while 30% use it frequently.
- Most respondents feel moderately secure (50%), followed by slightly secure (30%).

SUGGESTIONS

- Since most respondents are female and degree holders, training programs can be designed to match their educational background and work needs.
- As a large portion are in the 21–30 age group, introduce youth-focused digital skill development and career growth opportunities.
- Provide technical support and backup systems to handle the main challenge of system breakdowns.
- Encourage balanced use of technology to reduce overdependence.
- Since laptops and cloud storage are widely used, ensure proper cybersecurity training and data protection measures.
- Promote workshops on data storage, record keeping, scheduling, and report writing to strengthen efficiency in these equally important areas.
- Increase awareness programs to build trust and security confidence, as many feel only moderately secure.
- Encourage frequent technology use by showing its effectiveness in improving work efficiency.
- Provide stress management and adaptability training to address challenges arising from technology use.

CONCLUSION

The study reveals that technology has become an indispensable part of modern office administration, fundamentally reshaping workflows, communication, and data management. Findings from the Kottakkal area highlight how digital tools, automation, and cloud systems enhance efficiency, accuracy, and collaboration while reducing costs and time consumption. A significant majority of respondents agree that technology improves administrative performance, with laptops and cloud storage being the most commonly used tools.

At the same time, the study also emphasizes the challenges that come with this digital shift. Issues such as system breakdowns, overdependence on technology, and cybersecurity risks remain pressing concerns. Furthermore, the rapid pace of technological change requires administrators to continuously update their skills, which can be demanding. Concerns around stress, privacy, and potential job displacement also need careful consideration to ensure a balanced and supportive work environment.

Overall, the study confirms that technology offers immense benefits for administrative efficiency, productivity, and communication. However, to maximize these benefits, organizations must invest in training, provide reliable technical support, and adopt secure systems. By striking the right balance between human expertise and technological tools, office administration can evolve into a more strategic, efficient, and future-ready function. This makes technology not just a facilitator but a transformative force in shaping the future of office administration.

Questionnaire

1. Classification the basic of gender
 - a. Male
 - b. Female
2. Age wise classification
 - a. Under 20
 - b. 21–30
 - c. 31–40
 - d. 41–50
3. Educational Qualification
 - a. Degree
 - b. Sslc
 - c. Plus two
4. Marital status
 - a. Married
 - b. Unmarried
5. Does your office use technology in daily administrative tasks?
 - a. Yes
 - b. No
6. How would you rate your office's use of technology?
 - a. Very Effective
 - b. Effective
 - c. Neutral
 - d. Ineffective
7. Has technology made your administrative tasks easier?
 - a. Strongly Agree
 - b. Agree
 - c. Neutral
 - d. Disagree
8. Which administrative areas have improved most due to technology?

- a. Data storage and retrieval
 - b. Record keeping
 - c. Scheduling and planning
 - d. Report writing and editing
9. What challenges have you faced with technology in your office work?
- a. System breakdowns or technical issues
 - b. Data security concerns
 - c. Over-dependence on technology
 - d. Lack of training
10. Do you believe technology has replaced some administrative jobs?
- a. Yes
 - b. No
11. What device do you primarily use for work?
- a. Desktop computer
 - b. Laptop
 - c. Tablet
 - d. Smartphone
12. How do you store most of your office documents?
- a. Physical files
 - b. Local computer storage
 - c. External drives
 - d. Cloud storage
13. What is your overall opinion on technology in office administration?
- a. It complicates work
 - b. It has no effect
 - c. It somewhat helps
 - d. It greatly improves work efficiency
14. How often do you use digital tools in your daily office tasks?
- a. Never
 - b. Rarely
 - c. Sometimes
 - d. Frequently
15. How secure do you feel your digital office data is?
- a. Not secure at all
 - b. Slightly secure
 - c. Moderately secure
 - d. Very secure

